Chickpea Spinach Salad

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| Ingredients With Measurements  * 1 can chickpeas (drained and rinsed) * 1 handful spinach * 3.5 oz low fat feta cheese * 1 small handful raisins * 1 tablespoon lemon juice * 3 teaspoon honey * 3 tablespoon olive oil * 1 teaspoon cumin, ground * 1 pinch salt |

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| Recipe Chop the cheese and add with the spinach and chickpeas to a large bowl.  Mix the honey, oil, lemon juice and raisins in a small bowl.  Add the cumin, salt and pepper to the dressing bowl and mix well.  Drizzle dressing over the salad. |

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| |  |  |  | | --- | --- | --- | | Chickpeas | Spinach | Raisins | | Feta Cheese | Lemon Juice | Honey | | Olive Oil | Ground Cumin |  Ingredients Without Measurements |

